
State of Washington

Behavioral Risk Factor Surveillance System Questionnaire B 2003

Based on CDC v1.5, December 17, 2002

Washington State Department of Health
Center for Health Statistics
and
Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion
Office of Adult and Community Health
Behavioral Surveillance Branch

Supported in part by
Cooperative Agreement U58/CCU002118-17

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¹ Suggested Citation: Washington State Department of Health, Center for Health Statistics. Washington State BRFSS 2003 Questionnaire. Olympia, WA: Washington State Department of Health, 2003. Supported in part by U.S. Department of Health and Human Services, Centers for Disease Control and Prevention cooperative agreement number U58/CCU002118-17.

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Introduction

HELLO, I'm _____ (name) _____ calling for the Washington State Department of Health and the Centers for Disease Control and Prevention. We're gathering information on the health practices of Washington residents to guide state health policies. Your phone number has been chosen scientifically, and we'd like to ask some questions about health and safety practices that may affect your health.

Is this _____ (phone number) _____ ? **If "no"** Thank you very much, but I seem to have dialed the wrong number, It's possible that your number may be called at a later time.
Stop

Is this a private residence in Washington State?
If "no" Thank you very much, but we are only interviewing private residences. **Stop**

We need to scientifically select one adult who lives in your household to be interviewed. In order to make this selection, can you please tell me how many members of your household, including yourself, are 18 years of age or older?

Number of Adults _____ (-)

IF NEEDED, SAY: For this study, households are first scientifically selected in the state, and then one adult is selected in each household to be interviewed. It is important to the accuracy of the study that those selected for the study participate, because this is what ensures that the results will represent the state as a whole.

If "1" Are you the adult?

If "yes" Then you are the person I need to speak with. **Enter 1 man or 1 women below (Ask gender if necessary). Go to "All Respondents."**

If "no" Is the adult a man or a woman? **Enter 1 man or 1 women below.** May I speak with [fill in (him/her) from previous question]? **Go to "Correct Respondent."**

If more than one, ask "How many of these adults are men and how many are women?"

_____	Number of men	Sum must equal number of adults in household.
_____	Number of women	

[CATI system chooses one adult by random selection process]

The person in your household that I need to speak with is _____. **If "you," go to "All Respondents"**

To correct respondent:

HELLO, I'm (name) calling for the Washington State Department of Health and the Centers for Disease Control and Prevention. We're gathering information on the health practices of Washington residents to guide state health policies. You have been chosen scientifically to be interviewed, and we'd like to ask some questions about health and safety practices of Washington residents.

All Respondents:

The interview may be monitored for quality assurance, but all information obtained in this study will be confidential. We do not ask for your name, address, or other personal information that identifies you. Some of the questions might not apply to you or your life. You don't have to answer any question you don't want to, and you can end the interview at any time. The interview usually takes between 15 to 20 minutes. If you have any questions about this survey, I will provide a telephone number for you to call to get more information.

IF NEEDED:

- If you have any questions about this study, you can call the study director at the Washington State Department of Health, Katrina Simmons. You can call her toll-free at 1-866-871-5405.
- Your phone number will be erased from the data after we finish all the interviews at the end of the year.

If Respondent refuses, ask:

It would *really* help us with future studies to know the reasons why people choose not to participate. Would you be willing to tell me your reasons? **[WHY1]**

- 01 Record comments
- 98 Don't know/Not sure
- 99 Refused

<<TIME: Introduction>>

CDC Core Questions

Section 1: Health Status

1.1 Would you say that in general your health is: (73)

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

- 5 Poor

Do not read these responses

- 7 Don't know / Not sure
- 9 Refused

1.2 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74-75)

___ Number of days

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

1.3 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

(76-77)

___ Number of days

- 8 8 None **If Q1.2 also "None," go to Q2.1**
- 7 7 Don't know / Not sure
- 9 9 Refused

1.4 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(78-79)

___ Number of days

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 2: Health Care Access

2.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare? (80)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

2.2 Do you have one person you think of as your personal doctor or health care provider? **(If "No," ask: "Is there more than one or is there no person who you think of?")** (81)

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused

2.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of the cost? (82)

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

Section 3: Exercise

3.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise? (83)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 4: Diabetes

- 4.1** Have you ever been told by a doctor that you have diabetes?
(If “Yes” and respondent is female, ask: “*Was this only when you were pregnant?*”)

(84)

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 7 Don’t know / Not sure
- 9 Refused

- 4.2** How old were you when you were told you have diabetes? (205-206)

Code age in years [97 = 97 and older]

- 98 Don’t know/Not sure
- 99 Refused

- 4.3** Are you now taking insulin? (207)

- 1 Yes
- 2 No
- 9 Refused

- 4.4** Are you now taking diabetes pills? (208)

- 1 Yes
- 2 No
- 7 Don’t know/Not sure
- 9 Refused

- 4.5** About how often do you check your blood for glucose or sugar?
Include times when checked by a family member or friend, but do not include times when checked by a health professional.

(209-211)

- 1 __ Times per day
- 2 __ Times per week
- 3 __ Times per month
- 4 __ Times per year
- 8 8 8 Never
- 7 7 7 Don’t know/Not sure
- 9 9 9 Refused

- 4.6** About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (212-214)

1 _ _ Times per day
2 _ _ Times per week
3 _ _ Times per month
4 _ _ Times per year
5 5 5 No feet
8 8 8 Never
7 7 7 Don't know/Not sure
9 9 9 Refused

- 4.7** Have you ever had any sores or irritations on your feet that took more than four weeks to heal? (215)

1 Yes
2 No
7 Don't know/Not sure
9 Refused

- 4.8** About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (216-217)

_ _ Number of times [76 = 76 or more]
8 8 None
7 7 Don't know/Not sure
9 9 Refused

- 4.9** A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"? (218-219)
Number of times [76 = 76 or more]

88 None
98 Never heard of hemoglobin "A one C" test
77 Don't know/Not sure
99 Refused

If "no feet" to Q4.6, go to Q4.11

- 4.10** About how many times in the past 12 months has a health professional checked your feet for any sores or irritations? (220-221)

___ ___ Number of times [76 = 76 or more]

- 88 None
77 Don't know/Not sure
99 Refused

- 4.11** When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (222)

Read Only if Necessary

- 1 Within the past month (anytime less than 1 month ago)
2 Within the past year (1 month but less than 12 months ago)
3 Within the past 2 years (1 year but less than 2 years ago)
4 2 or more years ago
8 Never
7 Don't know/Not sure
9 Refused

- 4.12** Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy? (223)

- 1 Yes
2 No
7 Don't know/Not sure
9 Refused

- 4.13** Have you ever taken a course or class in how to manage your diabetes yourself? (224)

- 1 Yes
2 No
7 Don't know/Not sure
9 Refused

Section 5: Hypertension Awareness

- 5.1** Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure? (85)

(If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”)

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know / Not sure **Go to next section**
- 9 Refused **Go to next section**

- 5.2** Are you currently taking medicine for your high blood pressure? (86)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 6: Cholesterol Awareness

- 6.1** Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked? (87)

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know / Not sure **Go to next section**
- 9 Refused **Go to next section**

- 6.2** About how long has it been since you last had your blood cholesterol checked? (88)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 but less than 2 years ago)
- 3 Within the past 5 years (2 but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 9 Refused

- 6.3** Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high? (89)
- 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Section 7: Fruits and Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods **you** eat. Include all foods **you** eat, both at home and away from home.

- 7.1** How often do you drink fruit juices such as orange, grapefruit, or tomato? (90-92)
- 1__ __ Per day
 - 2__ __ Per week
 - 3__ __ Per month
 - 4__ __ Per year
 - 5 5 5 Never
 - 7 7 7 Don't know / Not sure
 - 9 9 9 Refused
- 7.2** Not counting juice, how often do you eat fruit? (93-95)
- 1__ __ Per day
 - 2__ __ Per week
 - 3__ __ Per month
 - 4__ __ Per year
 - 5 5 5 Never
 - 7 7 7 Don't know / Not sure
 - 9 9 9 Refused

7.3 How often do you eat green salad?

(96-98)

- 1__ __ Per day
- 2__ __ Per week
- 3__ __ Per month
- 4__ __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

7.4 How often do you eat potatoes not including French fries, fried potatoes, or potato chips?

(99-101)

- 1__ __ Per day
- 2__ __ Per week
- 3__ __ Per month
- 4__ __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

7.5 How often do you eat carrots?

(102-104)

- 1__ __ Per day
- 2__ __ Per week
- 3__ __ Per month
- 4__ __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

7.6 Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? **(Example: A serving of vegetables at both lunch and dinner would be two servings.)**

(105-107)

- 1__ __ Per day
- 2__ __ Per week
- 3__ __ Per month
- 4__ __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

Section 8: Weight Control

8.1 Are you now trying to lose weight? (108)

- 1 Yes **Go to Q8.3**
- 2 No
- 7 Don't know / Not sure
- 9 Refused

8.2 Are you now trying to maintain your current weight, that is, to keep from gaining weight? (109)

- 1 Yes
- 2 No **Go to Q8.6**
- 7 Don't know / Not sure **Go to Q8.6**
- 9 Refused **Go to Q8.6**

8.3 Are you eating either fewer calories or less fat to... (110)
lose weight? [if "Yes" to Q8.1]

keep from gaining weight? [If "Yes", to Q8.2]

Probe for which:

- 1 Yes, fewer calories
- 2 Yes, less fat
- 3 Yes, fewer calories and less fat
- 4 No
- 7 Don't know / Not sure
- 9 Refused

8.4 Are you using physical activity or exercise to ... (111)
lose weight? [If "Yes" to Q8.1]

keep from gaining weight? [If "Yes" to Q8.2]

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

- 8.5** In the past 12 months, has a doctor, nurse or other health professional given you advice about your weight? (112)

Probe for which:

- 1 Yes, lose weight
- 2 Yes, gain weight
- 3 Yes, maintain current weight
- 4 No
- 7 Don't know / Not sure
- 9 Refused

Section 9: Asthma

- 9.1** Have you ever been told by a doctor, nurse or other health professional that you had asthma? (113)

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know / Not sure **Go to next section**
- 9 Refused **Go to next section**

- 9.2** Do you still have asthma? (114)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 10: Immunization

- 10.1** During the past 12 months, have you had a flu shot? (115)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

- 10.2** Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine. (116)
- 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

If "No" to Q10.1, continue. Otherwise go to next section.

- 10.3** What is the main reason you didn't get a flu shot during the past 12 months? **READ ONLY IF RESPONDENT DOESN'T KNOW.** ()
- 1 Didn't know I needed it
 - 2 Doctor didn't recommend it
 - 3 Didn't think of it / forgot / missed it
 - 4 Tried to get a flu shot but no flu shots were available
 - 5 Tried to get a flu shot, but my doctor said I didn't need it
 - 6 Didn't think it would work
 - 7 Don't need a flu shot / not at risk / flu not serious
 - 8 Shot could give me the flu / allergic reaction / other health problem
 - 9 Doctor recommended against getting the shot / allergic to shot / medical reasons
 - 10 Don't like shots or needles / don't want it
 - 10 Shot costs too much / expense
 - 12 Other [Specify]: _____
 - 77 Don't know / Not sure
 - 99 Refused

Section 11: Tobacco Use

- 11.1** Have you smoked at least 100 cigarettes in your entire life? **NOTE: 5 packs = 100 cigarettes** (117)
- 1 Yes
 - 2 No **Go to next section**
 - 7 Don't know / Not sure **Go to next section**
 - 9 Refused **Go to next section**

11.2 Do you now smoke cigarettes every day, some days, or not at all?
(118)

- 1 Everyday
- 2 Some days
- 7 Not at all **Go to next section**
- 9 Refused **Go to next section**

11.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?
(119)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 12: Alcohol Consumption

12.1 A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?
(120-122)

- 1__ __ Days per week
- 2__ __ Days in past 30 days
- 8 8 8 No drinks in past 30 days **Go to next section**
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused **Go to next section**

12.2 On the days when you drank, about how many drinks did you drink on the average?
(123-124)

- __ __ Number of drinks
- 7 7 Don't know / Not sure
- 9 9 Refused

12.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion?
(125-126)

- __ __ Number of times
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 13: Excess Sun Exposure

The next question is about sunburns including anytime that even a small part of your skin was red for more than 12 hours.

13.1 Have you had a sunburn within the past 12 months? (127)

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know / Not Sure **Go to next section**
- 9 Refused **Go to next section**

13.2 Including times when even a small part of your skin was red for more than 12 hours, how many sunburns have you had within the past 12 months? (128)

- 1 One
- 2 Two
- 3 Three
- 4 Four
- 5 Five
- 6 Six or more
- 7 Don't know / Not sure
- 9 Refused

Section 14: Demographics

14.1a What is your age? (129-130)

- ___ ___ Code age in years
- 0 7 Don't know / Not sure
 - 0 9 Refused

14.1b In which of these age categories do you belong? ()

- 21 18 to 24
- 30 25 to 34
- 40 35 to 44
- 50 45 to 54
- 60 55 to 65
- 70 65 to 74
- 80 75 or older
- 9 Refused

14.2 Are you Hispanic or Latino?

(131)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

14.3 Which one or more of the following would you say is your race?
(Check all that apply. May have up to six responses. If more than six, use "Other" and list.)

(132-137)

Please read:

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian, Alaska Native

Or

- 6 Other [Specify: _____]

Do not read these responses

- 8 No Additional choices
- 7 Don't know / Not sure
- 9 Refused

If more than one response to Q14.3, continue. Otherwise, go to Q14.5**14.4** Which one of these groups would you say best represents your race?

(138)

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian or Alaska Native
- 6 Other [Specify: _____]
- 7 Don't know / Not sure
- 9 Refused

14.5 Are you?

(139)

Please read:

- 1 Married
- 2 Divorced
- 3 Widowed
- 4 Separated
- 5 Never married, or
- 6 A member of an unmarried couple

Do not read:

- 9 Refused

14.6 How many children less than 18 years of age live in your household?

(140-141)

___ Number of children

8 8 None

9 9 Refused

14.7 What is the highest grade or year of school you completed?

(142)

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)
- 9 Refused

14.8 Are you currently? **[Please read:]**

(143)

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for more than 1 year
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired **or**
- 8 Unable to work

Do not read:

- 9 Refused

14.9 What kind of business or industry do you work in? (-)

[Record answer] _____

99 Refused

14.10 What is your job title? If no job title, ask "What kind of work do you do?" (-)

[Record answer] _____

88 Owner, Proprietor or Self-employed

99 Refused

14.11 Is your annual household income from all sources? **If respondent refuses at ANY income level, code '99 Refused'**
Read as appropriate:

(144-145)

04 Less than \$25,000 **If "no," ask 05; if "yes," ask 03**
(\$20,000 to less than \$25,000)

03 Less than \$20,000 **If "no," code 04; if "yes," ask 02**
(\$15,000 to less than \$20,000)

02 Less than \$15,000 **If "no," code 03; if "yes," ask 01**
(\$10,000 to less than \$15,000)

01 Less than \$10,000 **If "no," code 02**

05 Less than \$35,000 **If "no," ask 06**
(\$25,000 to less than \$35,000)

06 Less than \$50,000 **If "no," ask 07**
(\$35,000 to less than \$50,000)

07 Less than \$75,000 **If "no," code 08**
(\$50,000 to less than \$75,000)

08 \$75,000 or more

Do not read these responses

77 Don't know / Not sure

99 Refused

14.12 About how much do you weigh without shoes?

(146-148)

Round fractions up

___ ___ ___ Weight (*pounds*)
7 7 7 Don't know / Not sure
9 9 9 Refused

14.13 How much would you like to weigh?

(149-151)

___ ___ ___ Weight (*pounds*)
7 7 7 Don't know / Not sure
9 9 9 Refused

14.14 About how tall are you without shoes?

(152-154)

Round fractions down

___/___ ___ Height (*ft / inches*)
7 7 7 Don't know / Not sure
9 9 9 Refused

14.15 What county do you live in?

(155-157)

001 Adams	027 Grays Harbor	053 Pierce
003 Asotin	029 Island	055 San Juan
005 Benton	031 Jefferson	057 Skagit
007 Chelan	033 King	059 Skamania
009 Clallam	035 Kitsap	061 Snohomish
011 Clark	037 Kittitas	063 Spokane
013 Columbia	039 Klickitat	065 Stevens
015 Cowlitz	041 Lewis	067 Thurston
017 Douglas	043 Lincoln	069 Wahkiakum
019 Ferry	045 Mason	071 Walla Walla
021 Franklin	047 Okanogan	073 Whatcom
023 Garfield	049 Pacific	075 Whitman
025 Grant	051 Pend Oreille	077 Yakima

___ ___ ___ FIPS county code
7 7 7 Don't know/not sure
9 9 9 Refused

14.16 What is your ZIP code? IF NEEDED SAY: I mean the ZIP code of your residence, that is, where you live. ()

9 9 9 9 9 Don't know/Refused

14.17 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (158)

1 Yes
2 No **Go to Q14.19**
7 Don't know / Not sure **Go to Q14.19**
9 Refused **Go to Q14.19**

14.18 How many of these phone numbers are residential numbers? (159)

____ Residential telephone numbers [**6=6 or more**]
7 Don't know / Not sure
9 Refused

14.19 During the past 12 months, has your household been without telephone service for 1 week or more? [**Note: Do not include interruptions of phone service due to weather or natural disasters.**] (160)

1 Yes
2 No **Go to 14.21**
7 Don't know/ Not sure **Go to 14.21**
9 Refused **Go to 14.21**

14.20 In the past 12 months, about how many months in total were you without a working home telephone?" (-)

____ Number of months
6 6 Less than one month
8 8 None
7 7 Don't know / Not sure
9 9 Refused

14.21 Indicate sex of respondent. Ask only if necessary.

(161)

- 1 Male **Go to next section**
- 2 Female

If respondent 45 years old or older, go to next section.

14.22 To your knowledge, are you now pregnant?

(162)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 15 Arthritis

15.1 The next questions refer to your joints. Please do **NOT** include the back or neck. **DURING THE PAST 30 DAYS**, have you had any symptoms of pain, aching, or stiffness in or around a joint?

(163)

- 1 Yes
- 2 No **Go to Q15.4**
- 7 Don't Know / Not Sure **Go to Q15.4**
- 9 Refused **Go to Q15.4**

15.2 Did your joint symptoms **FIRST** begin more than 3 months ago?

(164)

- 1 Yes
- 2 No **Go to Q15.4**
- 7 Don't Know / Not Sure **Go to Q15.4**
- 9 Refused **Go to Q15.4**

15.3 Have you **EVER** seen a doctor or other health professional for these joint symptoms?

(165)

- 1 Yes
- 2 No
- 7 Don't Know / Not Sure
- 9 Refused

- 15.4** Have you **EVER** been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

(166)

- 1 Yes
- 2 No
- 7 Don't Know / Not Sure
- 9 Refused

Interviewer note: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis, spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

**IF EITHER Q15.2= 1 OR Q15.4 = 1 THEN CONTINUE.
OTHERWISE, GO TO NEXT SECTION**

- 15.5** Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms? **NOTE: If a respondent question arises about medication, then the interviewer should reply:** "Please answer the question based on how you are when you are taking any of the medications or treatments you might use."

(167)

- 1 Yes
- 2 No
- 7 Don't Know / Not Sure
- 9 Refused

IF AGE IS BETWEEN 18-64 CONTINUE, OTHERWISE GO TO NEXT SECTION

- 15.6** "In this next question we are referring to work for pay. "Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do? **NOTE: If respondent says he/she is retired or out-of-work, reply:** "Did arthritis or joint symptoms cause you to stop working? That is, did it affect whether you work or not?"

(168)

- 1 Yes
- 2 No
- 7 Don't Know / Not Sure
- 9 Refused

If respondent is 45 yrs or older, continue. Otherwise, go to next section.

Section 16: Falls

The next question asks about a recent fall. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

- 16.1** In the past 3 months, have you had a fall?

(169)

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know / Not sure **Go to next section**
- 9 Refused **Go to next section**

- 16.2** Were you injured? By injured, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

(170)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 17: Disability

The following questions are about health problems or impairments you may have.

- 17.1** Are you limited in any way in any activities because of physical, mental, or emotional problems? (171)

1 Yes
2 No
7 Don't know / Not Sure
9 Refused

- 17.2** Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? **Include occasional use or use in certain circumstances.** (172)

1 Yes
2 No
7 Don't know / Not Sure
9 Refused

If "employed" or "self-employed" to core Q14.8 continue, otherwise go to Q18.2.

Section 18: Physical Activity

- 18.1** When you are at work, which of the following best describes what you do? Would you say . . . ? **[NOTE: If respondent has multiple jobs, include all jobs.]** (173)

Please read:

1 Mostly sitting or standing
2 Mostly walking

or

3 Mostly heavy labor or physically demanding work

Do not read these responses

7 Don't know / Not sure
9 Refused

- 18.2** We are interested in two types of physical activity – vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

Now, thinking about the moderate activities you do [if “employed” or self-employed” (Q14.8 = 1 or 2), fill in “when you are not working,”] in a usual week, do you do moderate activities for at least 10 minutes as a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate?

(174)

- 1 Yes
2 No **Go to Q18.5**
7 Don’t know / Not sure **Go to Q18.5**
9 Refused **Go to Q18.5**

- 18.3** How many days per week do you do these moderate activities for at least 10 minutes at a time?

(175-176)

- ___ Days per week
7 7 Don’t know / Not sure **Go to Q18.5**
8 8 Do not do any moderate physical activity for at least 10 minutes at a time **Go to Q18.5**
9 9 Refused **Go to Q18.5**

- 18.4** On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(177-179)

- __:__ Hours and minutes per day
7 7 7 Don’t know / Not sure
9 9 9 Refused

18.5 Now, thinking about the vigorous activities you do [if “**employed**” or **self-employed**” (Q14.8 = 1 or 2), fill in “**when you are not working,**”] in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

(180)

- 1 Yes
- 2 No **Go to Next section**
- 7 Don't know / Not sure **Go to Next section**
- 9 Refused **Go to Next section**

18.6 How many days per week do you do these vigorous activities for at least 10 minutes at a time?

(181-182)

- — Days per week
- 7 7 Don't know / Not sure **Go to Next section**
- 8 8 Do not do any vigorous physical activity for at least 10 minutes at a time **Go to Next section**
- 9 9 Refused **Go to Next section**

18.7 On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(183-185)

- — — Hours and minutes per day
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

Section 19: Veteran's Status

The next question relates to military service in the United States Armed Forces, either in the regular military or in a National Guard or Reserve unit.

19.1 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

(186)

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know / Not sure **Go to next section**
- 9 Refused **Go to next section**

19.2 Which of the following best describes your service in the United States military? **Please read:** (187)

- 1 Currently on active duty **Go to next section**
 - 2 Currently in a National Guard or Reserve unit **Go to next section**
 - 3 Retired from military service
 - 4 Medically discharged from military service
 - 5 Discharged from military service
- Do not read these responses**
- 7 Don't know / Not sure **Go to next section**
 - 9 Refused **Go to next section**

19.3 In the last 12 months have you received some or all of your health care from VA facilities? [If "yes" probe for "all" or "some" of the health care.] (188)

- 1 Yes, all of my health care
- 2 Yes, some of my health care
- 3 No, no VA health care received
- 7 Don't know / Not sure
- 9 Refused

If respondent is 65 years old or older, go to next section.

Section 20: HIV / AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

I'm going to read two statements about HIV, the virus that causes AIDS. After I read each one, please tell me whether you think it is true or false, or if you don't know.

20.1 A pregnant woman with HIV can get treatment to help reduce the chances that she will pass the virus on to her baby. (189)

- 1 True
- 2 False
- 7 Don't know / Not Sure
- 9 Refused

20.2 There are medical treatments available that are intended to help a person who is infected with HIV to live longer. (190)

- 1 True
- 2 False
- 7 Don't know / Not Sure
- 9 Refused

20.3 How important do you think it is for people to know their HIV status by getting tested? Would you say . . .? (191)

Please read:

- 1 Very important
- 2 Somewhat important

Or

- 3 Not at all important

Do not read these responses

- 8 Depends on risk
- 7 Don't know / Not sure
- 9 Refused

20.4 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. **[Include saliva tests.]** (192)

- 1 Yes
- 2 No **Go to Q20.8**
- 7 Don't know / Not Sure **Go to Q20.8**
- 9 Refused **Go to Q20.8**

20.5 Not including blood donations, in what month and year was your last HIV test? **[Include saliva tests.]** (193-198)

NOTE: If response is before January 1985, code "Don't know".

__	__	/	__	__	__	__	Code month and year
7	7		7	7	7	7	Don't know / Not sure
9	9		9	9	9	9	Refused

- 20.6** I am going to read you a list of reasons why some people have been tested for HIV. Not including blood donations, which of these would you say was the MAIN reason for your last HIV test?
(199-200)

Please read:

- 01 It was required
- 02 Someone suggested you should be tested
- 03 You thought you may have gotten HIV through sex or drug use
- 04 You just wanted to find out whether you had HIV
- 05 You were worried that you could give HIV to someone
- 06 IF FEMALE: You were pregnant
- 07 It was done as a part of a routine medical check-up
- 08 Or you were tested for some other reason

Do not read these responses

- 77 Don't know / Not sure
- 99 Refused

- 20.7** Where did you have your last HIV test, at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at home, or somewhere else?
(201-202)

- 01 Private doctor or HMO
- 02 Counseling and testing site
- 03 Hospital
- 04 Clinic
- 05 In a jail or prison (or other correctional facility)
- 06 Home
- 07 Somewhere else
- 77 Don't know / Not sure
- 99 Refused

- 20.8** I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one.
(203)

- You have used intravenous drugs in the past year
- You have been treated for a sexually transmitted or venereal disease in the past year
- You have given or received money or drugs in exchange for sex in the past year
- You had anal sex without a condom in the past year

Do any of these situations apply to you?

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

20.9 The next question is about sexually transmitted diseases other than HIV, such as syphilis, gonorrhea, chlamydia, or genital herpes. In the past 12 months has a doctor, nurse or other health professional talked to you about preventing sexually transmitted diseases through condom use?

(204)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

Washington State Added Questions

Section 21: Unmet Health Care Needs

Earlier, you said that you **[CATI insert:**

"have" if 2.1 = 1 (yes),

"do not have" if 2.1 = 2 (no),

"did not know if you have" if 2.1 = 7 (don't know)

"didn't want to tell me if you have" if 2.1 = 9 (refused)]

health insurance.

21.1 In the past 12 months, were you or any adult in your household unable to obtain any type of health care you or they thought was needed?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

21.2 In the past 12 months, did you or any adult in your household experience difficulty or delay in obtaining any type of health care you or they thought was needed?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

21.3 In the past 12 months, were any children living in your home unable to obtain any type of health care you thought was needed?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

21.4 In the past 12 months, did any children living in your household experience difficulty or delay in obtaining any type of health care you thought was needed?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

Section 22: Orientation

21.2 Now I'm going to ask you a question about sexual orientation. Do you consider yourself to be Heterosexual, that is, straight; Homosexual, that is gay or lesbian; Bisexual, or other? Remember, your answers are confidential. **[IF NEEDED: Research has shown that some sexual minority community members have important health risk factors, such as smoking. We are collecting information about sexual orientation to learn whether this is true in Washington. You don't have to answer any question if you don't want to.]**

- 1 Heterosexual, that is, straight
- 2 Homosexual, that is gay or lesbian
- 3 Bisexual or
- 4 Other [Specify: _____]

Do not read these responses

- 7 Don't know/Not Sure
- 9 Refused

Next I have some questions that will help the Department of Health provide better programs to prevent tobacco use and to help people quit tobacco use.

If R smoked 100 cigarettes in lifetime (11.1=1), continue. Otherwise go to next section.

Section 23 Adult Cigarette History
(ACH) – Adult History of Cigarette Use

The next questions ask some questions that will help the Department of Health provide better programs to prevent tobacco use among children and help people quit.

Now I would like to ask you some more questions about your personal history of cigarette use.

ACH1: Did you smoke any cigarettes during the past 30 days?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ACH2: On how many of the past 30 days did you smoke cigarettes?

- Number of days
- 77 Don't know/Not Sure
- 99 Refused

ACH3: On average, about how many cigarettes per day do you smoke, on the days that you do smoke? (Note: 1 pack = 20 cigarettes)

- Number of cigarettes
- 77 Don't know/Not Sure
- 99 Refused

Section 24 Adult Smokeless History
(ASH) – History of Smokeless Tobacco Use Among Adults

[All respondents] The next questions ask about smokeless tobacco.

ASH1 Have you ever tried using smokeless tobacco, like chew, dip, or snuff? **[IF NEEDED Such as Copenhagen, Kodiak, Redman, or Beechnut?]**

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not Sure **Go to next section**
- 9 Refused **Go to next section**

ASH2 On how many of the past 30 days did you use smokeless tobacco products?

- Number of days
- 88 None
- 77 Don't know/Not Sure
- 99 Refused

Section 25 Adult Other Tobacco History

(ATH) – History of use of other tobacco products among adults.

[All respondents] Now I'm going to ask about some other kinds of tobacco products.

ATH1: Do you currently smoke tobacco in a pipe?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ATH2: In the past month, have you smoked a cigar, even just a puff?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ATH3: In the past month, have you smoked bidis (BEEDIES)?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ATH4: In the past month, have you smoked clove cigarettes?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

If R smoked 100 cigarettes (Q11.1=1) and has not smoked cigarettes in the past 30 days (ACH1=2) continue. Otherwise, Go to next section.

Section 26 Adult Past Cigarette Smoking

(APC) [Former smokers]

APC1 About how long has it been since you last used tobacco regularly, that is, daily?

- 01 Within the past month (<1 month ago)
- 02 Within the past 3 months (1-3 months ago)
- 03 Within the past 6 months (3-6 months ago)
- 04 Within the past year (6-12 months ago)
- 05 Within the past 5 years (1-5 years ago)
- 06 Within the past 15 years (5-15 years ago)
- 07 Or More than 15 years ago
- 88 Never used regularly **Go to next section**
- 77 Don't know/not sure
- 99 Refused

APC2 When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?

- # of cigarettes
- 77 Don't know/not sure
- 99 Refused

Current Adult Tobacco Use Status (ATU):

- 1 Current Daily Tobacco User** – respondent currently uses any type of tobacco product on a daily basis [ACH2=30 or ASH2=30]
- 2 Current Occasional Tobacco User**– respondent has used one or more tobacco products in the past 30 days [ACH2=1-29 or ASH2=1-29 or ATH1=1 or ATH2=1 or ATH3=1 or ATH4=1]
- 3 Current Non-Tobacco User** – respondent has not used any tobacco product within the past 30 days [(Q11.1=2 or ACH1=2) and ASH1=2 and ATH1=2 and ATH2=2 and ATH3=2 and ATH4=2]

Current Adult Cigarette Use (ACU):

- 1 Current Daily Smoker** – respondent has smoked at least 100 cigarettes in lifetime and currently smokes cigarettes every day [Q11.1=1 and Q11.2=1]
- 2 Current Occasional Smoker**– respondent has smoked at least 100 cigarettes in lifetime and reports currently smoking on “some days” [Q11.1=1 and Q11.2=2]
- 3 Ex-Regular Smoker** – respondent has smoked at least 100 cigarettes in lifetime, but reports having smoked “regularly” or daily in the past [Q11.1=1 and Q11.2=3 and APC=1-7]
- 4 Ex-Occasional Smoker** – respondent has smoked at least 100 cigarettes in lifetime, but reports never having smoked “regularly” or daily in the past [Q11.1=1 and Q11.2=7 and APC=8-88]
- 5 Never-Smoker** – respondent has not smoked at least 100 cigarettes in lifetime [Q11.1=2]

If current daily or occasional smoker (ATU=1 or ATU=2) continue. Otherwise, go to next section.

Section 27: Current Adult Spending for Tobacco (AST)

AST2 In the past month, did you buy tobacco on a Native American reservation?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AST3 [In the past month, did you buy tobacco] from the Internet?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AST4 During the past month, did you buy tobacco outside the state to save money – not just because you were traveling?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

If current tobacco user (ATU=1 or 2) or former tobacco user (ACU=3 or 4), continue. Otherwise go to next section.

Section 28: Adult Past Motivations to Quit
(APM) [Current and former tobacco users]

The next questions ask about things that might make a person want to quit using tobacco.

APM1 Do you agree or disagree with the following statement: "People close to me **[CATI insert "are" if ATU=1 or 2. Insert "were" if ACU=3 or 4]** upset by my using tobacco." Do you agree or disagree? Strongly or somewhat?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Or Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

APM2 When was the last time a family member or friend advised you to quit, if ever?

- 1 Within the past year (1-12 months)
- 2 Within the past 3 years (1-3 years)
- 3 Or more than 3 years ago
- 4 They never advised me to quit
- 7 Don't know/Not sure
- 9 Refused

APM3 When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?

- 1 Within the past year (1-12 months)
- 2 Within the past 3 years (1-3 years)
- 3 Or more than 3 years ago
- 4 They never advised me to quit
- 7 Don't know/Not sure
- 9 Refused

APM4 When was the last time a DENTIST advised you to quit, if ever?

- 1 Within the past year (1-12 months)
- 2 Within the past 3 years (1-3 years)
- 3 Or more than 3 years ago
- 4 They never advised me to quit
- 7 Don't know/Not sure
- 9 Refused

If did not get advice from a health care professional (AMP3=4, 7, or 9 and APM4=4, 7 or 9), skip the next question. Go to AMP8.

APM7: Did the health care professional who advised you to quit offer you any help, or refer you to a source of help, to quit tobacco use?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

APM8: How many times in your life have you seriously tried to quit using tobacco?

- __ Number of times
- 88 None
- 77 Don't know/Not sure
- 99 Refused

Section 29: Adult Recent Motivations to Quit

(ARM) [All respondents answer ARM1]

ARM1 About how long has it been since you visited a DOCTOR for a routine checkup?

- 1 Within past year (1-12 months ago)
- 2 Within past 2 years (1-2 years ago)
- 3 Within past 3 years (2-3 years ago)
- 4 Within past 5 years (3-5 years ago)
- 5 Or 5 or more years ago
- 7 Don't know/Not sure
- 9 Refused

If R has health insurance (Q2.1=1) continue. Otherwise skip this question.

ARM6 What type of health coverage do you use to pay for most of your medical care? Is it coverage through...

- 1 Your employer
- 2 Someone else's employer
- 3 A plan that you or someone buys on your own
- 4 Medicare
- 5 Medicaid or Medical Assistance
- 6 The military, CHAMPUS, or the VA
- 7 The Indian Health Service
- 8 Or some other source
- 77 Don't know/Not Sure
- 99 Refused

If R currently uses tobacco or has quit within the past year, (ATU=1 or 2 or APC1=1-4), continue. Otherwise go to section 32, Household Demographics.

ARM2a Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ARM2b Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

If R has health insurance coverage (Q2.1=1), continue. Otherwise skip this question. Go to ARM3a.

ARM3 Does your health insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills, or other medications?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ARM3a During the past year, did you use nicotine patches, pills, or other medication to help you quit using tobacco?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ARM4 Have you heard about the Washington State "Quit Line" – a telephone support service to help people quit using tobacco?

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not sure
- 9 Refused

ARM5 Have you called the Quit Line?

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not sure
- 9 Refused

If R uses tobacco daily or occasionally (ATU=1 or ATU=2), continue. Otherwise go to next section.**Section 30: Adult Current Motivations to Quit**
(ACM)

ACM1 Would you like to quit using tobacco?

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not sure
- 9 Refused

ACM2 Are you seriously considering quitting tobacco use within the next 6 months?

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not sure
- 9 Refused

ACM3 Are you planning to stop within the next 30 days?

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not sure
- 9 Refused

Section 31: Household Demographics
(AD) All Respondents*Now there are a few more questions about your household.*

You said earlier that there were children in your home...

AD9 [Is that child/how many children] are less than 1 year old?

- Number of Children [Must be \leq number of children Q14.6]
- 88 None
- 99 Refused

AD10 [Is that child/how many children] are one to four years old?

-- Number of Children [Must be \leq number of children Q14.6-AD9]
88 None
99 Refused

AD11 [Is that child/how children] many are five to eleven years old?

-- Number of Children [Must be \leq number of children Q14.6-(AD9+AD10)]
88 None
99 Refused

AD12 [Is that child/how many children] are twelve to seventeen years old?

-- Number of Children [Must be \leq number of children Q14.6-(AD9+AD10+AD11)]
88 None
99 Refused

AD14 Are you the parent or guardian of any of these children?

1 Yes
2 No
7 Don't know/Not sure
9 Refused

AD20 Are you currently registered to vote?

1 Yes
2 No
7 Don't know/Not sure
9 Refused

Section 32: Adult Home ETS

(AHE) – Secondhand Smoke rules and exposure at home
Now I have some questions about smoking in your home.

AB5 Which one of the following statements best describes the rules about smoking in your home...

- 1 No one is allowed to smoke anywhere inside your home
- 2 Smoking is allowed at some places or at some times
- 3 Or smoking is permitted anywhere inside your home
- 7 Don't know/not sure
- 9 Refused

AHE1 How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?

- Number of current smokers in household
- 88 No current smokers in household
- 77 Don't know/Not sure
- 99 Refused

AHE2 On how many of the past 30 days has anyone, including you, smoked anywhere inside your home?

- Number of people who smoked inside home
- 88 None
- 77 Don't know/Not sure
- 99 Refused

AHE3 If it were just up to you, would you let people smoke inside your home?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

If employed (Q14.8=1 or 2), continue. Otherwise go to next section

Section 33: Adult Workplace ETS

(AWE) – Secondhand Smoke Exposure at work

Next we are interested in smoking policies at your workplace.

AWE2 When you are at work, do you spend most of your time in an ...

- 01 Office
- 02 Store
- 03 Restaurant or Bar
- 04 Warehouse or Factory
- 05 Home
- 06 Outdoors
- 07 Car or truck
- 88 Somewhere else
- 77 Don't know/Not sure
- 99 Refused

Is smoking allowed in any of the following indoor areas at your workplace?

AWE4 Some or all indoor work areas

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AWE5 [Is smoking allowed at your workplace in] Employee lunchrooms
or lounges

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AWE6 [Is smoking allowed at your workplace in] A different designated
indoor smoking area

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AWE7 In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?

- 01 One hour or less
- Number of hours
- 70 Seventy hours or more
- 88 None
- 77 Don't know/Not sure
- 99 Refused

Section 34: Adult Knowledge ETS

(AKE) – Attitudes and Knowledge about Secondhand Smoke

[All respondents]

The next questions are about secondhand smoke. Secondhand smoke is the smoke from someone else's cigarettes, cigar, or pipe.

AKE1 In general, would you say that breathing secondhand smoke is...

- 1 Not at all annoying to you
- 2 A little bit annoying to you
- 3 Somewhat annoying to you
- 4 or Very annoying to you
- 7 Don't know/Not sure
- 9 Refused

AKE2 Would you say that breathing secondhand smoke is...

- 1 Not at all harmful
- 2 A little bit harmful
- 3 Somewhat harmful
- 4 or Very harmful
- 7 Don't know/Not sure
- 9 Refused

AKE3 Do you agree or disagree with the following statement – All people should be protected from secondhand smoke. Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 or Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

AKE5 Do you think that smoking should be completely banned in restaurants?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AKE7 Do you think that smoking should be completely banned in bars and lounges?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AKE9 Do you think that smoking should be completely banned in outdoor public areas where children may be present?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

Section 35: Adult perception of Community Activities

(ACA) – Opinions about current activities and policies in local communities

[All respondents]

The next questions ask for your opinion about things that happen in your community.

ACA1b Do you agree or disagree with the following statement: Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors (children under 18). Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

ACA4a The city or town where I live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke. Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

ACA4b Here is another statement: School officials should make sure that all children receive anti-tobacco education. Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

ACA4c Tobacco use by adults should not be allowed on school grounds or at any school events. Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

ACA5 Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth? **[IF NEEDED: this could include part of your job]**

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not sure
- 9 Refused

ACA6 Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? **[IF NEEDED: this could include part of your job]**

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

ACA7 Some communities have organizations that specifically work on tobacco prevention activities. To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?

- 1 Yes
- 2 No **Go to next section**
- 7 Don't know/Not sure **Go to next section**
- 9 Refused **Go to next section**

ACA8 Do you approve of what this local organization is doing to prevent tobacco use and help people quit? **[IF NEEDED: Would you say yes or no? Definitely or probably?]**

- 1 Definitely Yes
- 2 Probably Yes
- 3 Probably No
- 4 Definitely No
- 7 Don't know/Not sure
- 9 Refused

Section 36: Adult Tobacco Knowledge
(ATK)

The next questions ask for your opinion on some statements about the harm from tobacco use.

ATK1 There are more negative things than positive things about smoking. Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

ATK2 Here is another statement: Smoking sometimes makes a person more attractive? Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

ATK3 [Here is another statement:] There are so many things that cause cancer, tobacco use is not going to make any difference. Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

Section 37: Adult Pro-Tobacco Influences

(API)

Some tobacco companies make promotions items like clothing, hats, bags or other things with their brand on it.

API1 Would you ever use or wear something that has a tobacco company logo or picture on it?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

API2 Do you currently have a piece of clothing or other item that has a tobacco brand or logo on it?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

API3 During the past year have you received a free sample or coupon for a free sample of cigarettes or tobacco products?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

API4 During the past year have you been somewhere, such as a concert or special event, where tobacco companies were having a promotion – for example, giving away free samples or having a special give-away?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

API5 How much do you agree with this statement: Tobacco companies should have the same rights to advertise their products as other companies. Do you agree or disagree? Somewhat or strongly?

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know/Not sure
- 9 Refused

Section 38: Adult Child Interactions (ACI)

[If respondent is a parent or guardian of a child age 12-17 in the home (AD12<88 and AD14=1), continue. Otherwise go to next section.]

*Now I have some questions about the rules and expectations you have for your children around tobacco use. As you answer these questions, I want you to think of the **[CATI MAKE RANDOM SELECTION OF CHILD]** ___-year old child.*

ACI1 Which of the following best describes the way you have discussed the dangers of tobacco use with your child...

- 1 We have talked about the dangers of tobacco use many times
- 2 We have had at least one conversation that I can remember
- 3 I don't remember a specific conversation, but my child knows how I feel
- 4 For now, I have not talked with my child about the dangers of tobacco use
- 7 Don't know/Not sure
- 9 Refused

AC12 Have you told your child specifically that you do not want him or her to smoke or use tobacco?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

Section 39: Adult Survey Transition Questions

AC1 Finally, may we call you in the future if we do more research on health-related topics? This means we might call you back within the next year, or invite you to some focus groups in your area. Of course, you can always refuse to participate in the future.

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

AC2 May I please have your first name, so that we know who to ask for? **[If needed: If you agree to be contacted again, we will keep your first name and telephone number with your answers for up to one year. They will be removed from the combined data files that are sent to the Department of Health.]**

- (record response)
- 9 Refused

Section 40: Cultural Identity Questions

40.1 What language is usually spoken in your home?

- 1 English
- 2 Spanish
- 3 Korean
- 4 Vietnamese
- 5 Russian
- 6 Other: specify
- 7 Don't know/Not sure
- 9 Refused

40.2 I read magazines, listen to radio, or watch TV programs that are mostly about people from my own ethnic group.

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know
- 9 Refused

40.3 I am active in organizations or social groups that include mostly members of my own ethnic group

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know
- 9 Refused

40.4 I participate in cultural practices of my own group, such as special foods, music, or customs.

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know
- 9 Refused

40.5 I have spent time trying to find out more about my own ethnic group, such as its history, traditions, and customs.

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know
- 9 Refused

40.6 I have a lot of pride in my ethnic group and its accomplishments.

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know
- 9 Refused

40.7 I feel good about my cultural or ethnic background.

- 1 Strongly agree
- 2 Somewhat agree
- 3 Somewhat disagree
- 4 Strongly disagree
- 7 Don't know
- 9 Refused

[Continue if adult identified one of the races was American Indian or Alaska Native (Q14.4). Otherwise, go to next section.]

40.8 Are you an enrolled member of a federally-recognized Native American tribe?

- 1 Yes
- 2 No
- 7 Don't know
- 9 Refused

- If there are children age 12-17 living in the home (AD12<88) continue.
- If there are no children 12-17 living in the home, (AD12= 88 or 99), Go to closing comment.

Section 41: Youth Survey Transition Section

You said before that there **[CATI insert is/are [number] ___**children living in your home age 12 to 17 and that you are the parent or guardian of **[CATI insert “some of the children” if more than one, or “the child” if only one child in the household.**

- 41.1** I would also like to interview one of the children aged 12 to 17 in your home. The interview will take about 15 minutes. We will ask about what is happening in school, his or her attitudes about tobacco, and whether the child and his or her friends have used tobacco products. I can assure you that everything your child tells us will be held in the strictest confidence, and that he or she can refuse to participate at any time.

If only one child (AD12=1) and R is the parent or guardian (AD14 = 1), code 41.1 "yes" (=1) and skip to Q41.2 without reading more of this question.

Are you the parent or guardian of the **[If more than one child, CATI use child selected in QACI1]** child between age 12 -17 ?

- 1 Yes
- 2 No **Go to Q41.3**
- 9 Refused **Go to closing statement**

- 41.2** May I have your permission to talk to **[CATI insert "your" if only one child age 12-17, or "the youngest," "the oldest," etc. if more than one child 12-17]** child age 12 to 17 about this survey and invite his or her participation?

- 1 Yes **Go to 41.5**
- 2 No **Go to closing statement**

- 41.3** May I speak to the parent or guardian of the **[CATI insert child selected in ACI1]** child between age 12 -17 ?

- 1 Yes **continue. If not available, schedule call-back.**
- 2 No **Go to closing comment**
- 9 Refused **Go to closing comment**

41.4 Introductory paragraph for non-respondent parent or guardian: Hello. I'm _____ calling for the Washington State Department of Health. I am doing a survey of children and their attitudes about tobacco. I would like to interview the **[CATI insert]** year-old child in your home. The interview will take about 15 minutes. I will ask about what is happening in school, his or her attitudes about tobacco, and whether the child and his or her friends have used tobacco products. I can assure you that everything your child tells us will be held in the strictest confidence, and that he or she can refuse to participate at any time.

May we have your permission to talk to your **[CATI insert]** year-old child about this survey and invite his or her participation?

- 1 Yes
- 2 No **Go to closing comment**
- 9 Refused **Go to closing comment**

41.5 Is (he)/(she) available?

- 1 Yes **Say next comment, then go to closing comment**
- 2 No **Schedule call-back. Then go to closing comment.**

Please ensure that this child has a private place to answer the survey questions, so that (he)/(she) can be honest and open.

Closing Comment

That's my last question. *Your answers and everyone else's will be combined to give us information that is important for improving public health in our state..* Thank you very much for your time and cooperation.